



AP 368 – NUTRITION

BACKGROUND

Saskatoon Public Schools recognizes that students require access to healthy foods in our schools to help students reach their potential. The Ministry of Education’s nutrition guidelines inform our school division’s practices. All staff and educational stakeholders will work to follow the provincial nutrition guidelines.

PROCEDURES

1. Educational nutrition practices will follow the Saskatchewan Ministry of Education’s nutrition standards for Saskatchewan Schools found within *Nourishing Minds: Eat Well - Learn Well - Live Well*.
2. The principal will work with staff and the learning community to ensure high quality nutritious foods are served and sold while also promoting healthy and safe food practices at the school level.
3. When foods are offered in schools, they need to meet food safety and nutrition standards as described in the Ministry of Education’s *Food Safety for my School*.
4. The Director or designate will work to ensure that all school vendors and contractors will offer healthy food choices that follow the Ministry of Education’s nutritional guidelines as outlined in *Healthy Foods for my School - Nutrition Standards for Saskatchewan Schools*.
5. The Director or designate will monitor cafeteria and community partnership agreements to ensure healthy food choices that follow the Ministry of Education’s nutritional guidelines are provided for purchase by students and staff.

Reference: Saskatchewan Ministry of Education *Nourishing Minds: Eat Well – Learn Well – Live Well*
Saskatchewan Ministry of Education *Healthy Foods for my School: Nutrition Standards for Saskatchewan Schools*
Saskatchewan Ministry of Education *Food Safety for my School*

Date Last Revised: September, 2023