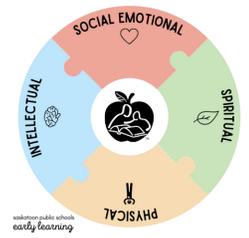


SPS PREKINDERGARTEN DEVELOPING SKILLS



Your child may attend prekindergarten when they are three or four years old.

Below are some things your child may be doing or working on now. Families can work on these skills to prepare for prekindergarten and teachers will support these skills during the school year!



SELF-HELP / SOCIAL-EMOTIONAL

Your child is working toward...

- Playing with others and taking turns
- Asking for help
- Managing emotions when frustrated
- Solving conflict in nonaggressive ways

PHYSICAL DEVELOPMENT



Your child is working toward...

- Dressing and undressing with minimal support
- Holding a pencil and using scissors
- Hopping, running, jumping, and throwing a ball
- Opening a snack and feeding themselves
- Using the bathroom and washing hands independently



EARLY LITERACY / NUMERACY SKILLS

Your child is working toward...

- Listening to and answering a question about a short story
- Using a book (eg. holding a book upright, turning pages, looking at the pictures)
- Developing an awareness of letters and sounds
- Developing an awareness of numbers, counting, shapes, and patterns

LANGUAGE AND COMMUNICATION

(In home language and/or English)



Your child is working toward...

- Following a simple one- to two-step direction (eg. Put on your shoes and sit on the carpet.)
- Communicating thoughts and ideas in 3-5 word sentences
- Expressing needs and wants
- Speaking clearly and being understood by others

If you have questions about your child's development, please connect with your family doctor.

More early learning community supports are available through:

- [The Saskatoon Early Years Family Centre](#)
- [Saskatoon Public Schools Prekindergarten website](#)
- [Saskatchewan Health Authority Early Years Service Team](#)
- [Saskatchewan Health Authority Early Childhood Psychologist](#)
- [Information about developmental communication milestones](#)



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